

VA Tennis Denise

Team Information

Menlo School has had great success in tennis over the years. Our Varsity A tennis team is our top-level team at the Middle School. Many of our students on this team go on to play at the upper school.

Our Goals for Varsity A Tennis

- Teach great sportsmanship
- Teach our students to love the game
- Teach skills and strategies to help them advance in tennis
- Most of all teach them to be a positive team member

What We Teach

- Everyday we do fitness and skill work
- Skill work is based