TIFFANY SHLAIN’S PERIODIC TABLE OF CHARACTER STRENGTHS

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WISDOM
- CREATIVITY
- CURIOSITY
- LOVE OF LEARNING
- PERSPECTIVE

COURAGE
- BRAVERY
- PERSEVERANCE
- HONESTY
- ENTHUSIASM

JUSTICE
- HUMANITY
- LOVE
- KINDNESS
- SOCIAL INTELLIGENCE

TEMPERANCE
- SOCIAL RESPONSIBILITY
- TEAMWORK
- FAIRNESS
- LEADERSHIP

TRANSCENDENCE
- APPRECIATION OF BEAUTY
- FORGIVENESS
- HUMILITY
- PRUDENCE

- GRATITUDE
- OPTIMISM
- HUMOR
- SELF-CONTROL
- SPIRITUALITY