



Menlo School Athletics

Varsity A Teams

In the Varsity A Program, more emphasis is placed on developing successful teams. Teaching sportsmanship and fair play is still important, as is honing the skills and teamwork of all players.

Playing Opportunity

Players are expected to play and are guaranteed playing time in all athletic events. Athletes who are more skilled and who show a high degree of effort and commitment will probably get more playing time in athletic events.

Commitment to Practices and Games

Students are expected to commit to the sport once they have signed up for the sport. The athletic director turns in rosters and team commitments to the league immediately after sign-ups. All practices are during the school day. Students need to be at all practices unless they are ill or have a pre-approved academic meeting with a teacher. Students should plan on attending all scheduled games. The only reason you should miss a game is because of illness. Club practices and outside activities need to be scheduled around our school games. If there is a reason that you have to miss a game, it needs to be approved by the coach and athletic director. There may be consequences for missing a game or practice. Those consequences may include sitting for a game or part of a game. If it is multiple games then there has to be a meeting with the athletic director and coach.

Please contact the athletic director or coach when signing up for a sport if you have any questions regarding commitment to a specific team.