



Middle School Water Polo

The middle school water polo program is designed to give all students the opportunity to play on a team and compete against commensurate competition. We will try to have as many teams as possible. We strive to have a girls and boys program.

The program emphasizes learning the fundamentals and strategies to play the game. Drills and scrimmages are designed so that students will learn the game in a safe and respectful environment.

We try to have a boys and girls program that will compete with other schools at commensurate ability levels. Most of the games are after school. Students will play at the level which is best suited to their ability and skill level.

Skills and strategies of the game are the following: eggbeater, passing and shooting skills, defensive skills, offensive movements, swimming skills, positioning and spacing.