

MENLO ABROAD



TANZANIA

Discover Your Interests. Find Your Voice. Enjoy the Journey.

JOIN US: May 19 - June 7, 2020



Menlo Abroad: Tanzania

leadership, education, and development



May 19-June 7, 2020

IN BRIEF

Menlo Abroad travel develops global competencies, engagement, and self-knowledge. Through facilitated curricula, service-learning, and homestay, students immerse themselves in foreign cultures, make friends, connect with communities, and use their skills to address common problems. They emerge with a better understanding of themselves and their world.¹



Menlo Abroad: Tanzania After orienting ourselves to the program in pre-trip meetings on the Menlo campus, our in-country program begins at a guesthouse in Moshu, where we meet our World Leadership School trip leaders, continue orientation to the program, hike on Mt. Kilimanjaro, and visit other places of interest. The group then settles in Karatu, a religiously diverse and welcoming community in Northern Tanzania. Here the group meets homestay families and community members, begins Ki Swahili lessons, and engages with students and teachers at a local secondary school and in different kinds of community development work. Offered in affiliation with World Leadership School, Menlo Abroad: Tanzania is an investigation and experience of leadership development.

Dates: May 19-June 7, 2020

(Note that participants will be out of the country and unable to return for Commencement or related activities. June 7 is a day of reflection and celebration on campus.)

Enrollment Limits: 16 students

Enrollment Eligibility: Menlo students in grades 9-11

Trip Leaders: There will be four Menlo trip leaders: History teacher and department chair Carmen Borbon, Head Athletic Trainer Aubrey Fennell, and two trip leaders from World Leadership School.

All-Inclusive Fee²: \$5,500. Financial aid may be available. Current financial aid recipients should contact Rose Garza regarding financial aid (rgarza@menloschool.org).

Menlo Abroad service participation earns students 8 community engagement credits. Participation in Menlo Abroad is recommended for Menlo IP: Global Scholars.

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¹ Menlo Abroad is an elective option for M-Term and is considered and assessed as an M-Term course. But while other M-term courses end on June 1, Menlo Abroad courses continue until June 7.

Fee includes all flights • hotel accommodation • all meals • all surface transportation • museum, park, and temple entrance fees • course preparation manual and reading materials • donations to charitable causes in the host country • comprehensive risk management systems and administrative support 24/7 • The fee does not include trip cancellation insurance or expenses for petty cash expenditures (est. at \$100), travel medicine and immunization, or obtaining passports and visas.



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PROGRAM OVERVIEW

From a spacious and comfortable guest house in Moshu, the in-country program begins where pre-trip preparations left off, with in-country orientation, goal setting, a hike on Mt. Kilimanjaro, and visits to an art collective, banana plantation, and the city of Arusha. Then, the group transfers to the small and religiously diverse community of Karatu, where students meet host families, begin daily Ki Swahili lessons, and start their immersion in the local community, including the Banjika Secondary School, founded by a local Bay Area patron. In the mornings, following breakfast, the group gathers to plan, discuss, reflect, and to work on several community projects. On most days, the group convenes for learning sessions designed to promote the understanding of global issues, leadership and local culture, as well as for fun activities. Students meet local leaders, such as the American surgeon Frank Artress, founder of a well-known local medical clinic, as well as learn local cooking traditions, engage in a movie night, a retreat, and end their in-country program taking a safari with their hosts to Ngorongoro Crater. After returning to SFO, the group reunites the next day on campus for final reflection activities and celebratory dinner.

Tanzania is notable for its relative stability: tribal divisions that have ignited conflict in the region are largely absent in Tanzania's well-integrated population.





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ITINERARY

(Note: Itinerary is subject to change.)

- May 19** Depart SFO for Tanzania
- May 20** Evening arrival at JRO Airport (Kilimanjaro International Airport); Transfer to Moshi; dinner and lodging at West Kili Lodge
- May 21** Orientation: fears and setting goals; afternoon hike around local village; evening talk from Mama Erick; spend the night at West Kili Lodge
- May 22** Full day hike near Mt. Kilimanjaro; goal setting; spend the night at West Kili Lodge
- May 23** Morning transfer to Arusha; visit to Art Collective & Banana Plantation City; walking tour of Arusha; introduction to collaborative leadership; overnight at Merves Lodge in Arusha
- May 24** Morning transfer for Karatu; lunch at Mto Wa Mbu; welcome and introduction to Banjika Secondary School; overnight at hotel in Karatu
- May 25** Introduction to Tanzanian student partner; school partnership collaboration; introduction to homestay family; stay with homestay family
- May 26** School partnership collaboration; afternoon Kiswahili classes; community adventure race with Tanzanian partners; stay with homestay family
- May 27** School partnership collaboration; afternoon Kiswahili classes; stay with homestay family
- May 28** School partnership collaboration; afternoon Kiswahili classes; American cooking class; community interviews with Tanzanian students; stay with homestay family
- May 29** Full day safari in Ngorongoro crater with Tanzanian partners; movie night at local lodge or school; stay with homestay family
- May 30** Full day of reflection and relaxation for Menlo students at Karatu; stay at Karatu lodge
- May 31** Spend all day with homestay family
- June 1** Full group visits to various local NGOs; small groups based on NGO of interest; purpose mapping; stay with homestay family
- June 2** Full day with small group at NGO of interest; stay with homestay family
- June 3** Full day with small group at NGO of interest; discussion about purposeful action; final night with homestay family
- June 4** Final day with small group at NGO of interest; candle circle with host families; overnight at Karatu Lodge
- June 5** Morning transfer to Arusha; student coaching session; dinner in Arusha; evening departure from JRO
- June 6** Late morning arrival at SFO
- June 7** Menlo campus: reflection, debrief, and dinnertime celebration.³

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³ Students must attend the final day to receive full credit for the course..



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TIMELINE OF APPLICATION AND ENROLLMENT PROCESS

November 12	Announcement of Menlo Abroad programs
December 3	Applications due
December 11	Participants notified
December 18	Forms and Payment due by 3:00 pm
February 25	Additional forms due
February-April	Flight arrangements finalized
April 13, 6:00 pm	Menlo Abroad mandatory meeting for participants and their parent(s) in Martin Family Hall
May 19-June 6	Menlo Abroad (in country)
June 7	Final day reflection and dinner celebration (on campus) ⁴

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⁴ Students must attend the final day to receive full credit for the course..

Interested in applying? [Apply online today!](#)



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PROGRAM COMPONENTS

Menlo Abroad: Tanzania is built around interrelated academic and experiential program components intended to create the most holistic experiential immersion possible. Below is a list of these components as they relate to this program.

- 1. Survey of Development Issues:** Our program explores a range of global issues impacting Tanzania, including climate change and its impact on the environment and economy as well as education and the divide between those who have access and those who do not.
- 2. Investigation:** Students and faculty from both cultures investigate common topics together, learning to recognize perspectives, and communicate ideas.
- 3. Language Study:** We do not expect participants to come with Ki Swahili language skills, nor to master them. We do expect that students will want to interact with locals as closely as they can, and few things do more to empower participants, and facilitate an ease of cultural understanding, than frequent language lessons with supportive instructors. In Karatu we will conduct formal language activities and lessons in small groups.
- 4. Immersive Travel:** Traveling to and around traditional communities in developing countries requires students to get out of their comfort zones. In Menlo Abroad students are travelers rather than tourists. They travel in a style that enables them to genuinely know the people of the countries they visit and offers the most authentic experience and profound learning adventure. While accommodations are comfortable, students should expect to cope with minimal amenities in rural areas.
- 5. Homestay:** Often the most challenging and fulfilling component, homestays take students to the core of their experiences. Homestays are carefully set up with each student's individual personality in mind in order to provide the best experience in cultural and language immersion possible. In Karatu, homestays are coordinated through local community leaders and the World Leadership School country coordinator Tim Mdinke. Each student will be placed in an individual homestay, and the group will gather each morning to check in and engage in group activities.
- 6. Community Engagement:** In our travels, students will learn about themselves and each other, build strong bonds as a group through designated activities and discussions, and learn about the communities they are visiting through talks and visits with local experts.
- 7. Leadership:** During our time in Tanzania, we will have the opportunity to participate in work around the area of leadership, leading from strength and compensating for weaknesses, understanding multiple perspectives, and developing compelling leadership stories.
- 8. Guided Reflection:** Students will regularly meet with Menlo staff to investigate, monitor, problem solve, and reflect on events or issues particular to the individual students. Students will journal and blog frequently.



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MENLO ABROAD ASPIRATIONS

1. Knowledge and Global Competency⁵: Menlo Abroad programs advance students' self-knowledge and global competencies, including intercultural capabilities, historical perspectives, and attentiveness to diversity. Through direct experience, students develop awareness of global systems and issues impacting host communities.
2. Dispositions of Global Engagement⁶: Menlo Abroad programs cultivate internationally minded students who recognize their common humanity and shared guardianship of the planet and strive to create a better and more peaceful world. Among the many positive dispositions they develop are agency, leadership, confidence, empathy, compassion, humility, feelings of interconnection, and respect.
3. Relationships: Menlo Abroad programs build sustaining relationships between students and diverse, underserved foreign communities and individuals through shared common experiences of everyday life.
4. Learning Service: Menlo Abroad programs contribute to solutions based on mutually beneficial work, apprenticeship, or study, in activities that at the same time support students' knowledge and appreciation for local cultures and issues at hand.
5. Connections: Menlo Abroad programs generate sustaining interest and connections with Menlo curricula and program.

⁵ *Global competency* includes the ability to investigate the world beyond the immediate environment, the recognition of one's own and other perspectives, and the ability to communicate ideas effectively with diverse audiences.

⁶ By *Global engagement* we mean the dispositions necessary to be connected and of service to others, including those beyond national borders.



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TERMS AND CONDITIONS

The program is being offered by Menlo School in conjunction with World Leadership School. In cases of programs offered in conjunction with other organizations, participants are expected to complete registration, waivers, and medical forms provided by both Menlo School and the third party organization.

By December 18: To secure a place in the program each of the following must be submitted.

1. A check payment payable to Menlo School for \$5,500. Financial aid recipients will be contacted by the financial aid office with a revised program fee.
2. Completed and signed Parent Permission and Waiver, Medical Release, Emergency and Medical Information Form - Overnight
3. Completed and signed Waiver and Release for Foreign Program
4. Completed and signed Menlo School Trip Contract
5. Copy of the participating student's current passport with visa stamp, if possible. The passport must have two blank pages and expire six months or more after the return from the Menlo Abroad trip. If participant does not have a current passport or visa, these need to be obtained and copies submitted by February 25.

If your trip involves a third party organization, health forms, equipment lists, air travel instructions, and further information about the program will subsequently be provided to you by the other organization. You may also be asked to sign a release form for that other organization.

By February 25: The following additional forms must be submitted.

1. A copy of the participant's current passport with visa stamp, if possible. The passport must have one blank page and expire six months or more after the return from the Menlo Abroad trip.
2. A signed and notarized Parent Authorization Letter for Minor Traveller
3. All forms required from any third party organization involved.

Our intention is to address the goals and program elements listed in the program description, but all participants are advised that course itineraries will likely change to incorporate participant goals and interests, to adjust to the health of members of the group, or in response to weather conditions, problems with transportation, political unrest or other unforeseen problems. Regardless of such changes, we will always work to structure and implement the course so that it stays true to the original intent.

REFUND POLICY: If the participant or participant's family delivers a written message of intent to withdraw from the program to Menlo School 30 days or more prior to departure, Menlo will refund all recoupable fees minus a \$1,000 non-refundable application-processing charge. If notice of cancellation is received within 30 days of departure, the participant will forfeit the entire program fee. Any participant who returns home early will not receive any refund.

MEDICAL AND EVACUATION EXPENSES: It is the responsibility of the student and the student's family to understand the limits of any medical and evacuation policy, and to provide up-front payment of emergency services when required.

CELL PHONES: In order to maintain the integrity of the immersive experience Menlo Abroad requires students to relinquish cell phones to trip leaders upon entry into the target country.

VIOLATION OF RULES AND REGULATIONS: If a participant acts in a way that is injurious to himself or herself, people of the host country, or other participants on the trip, or generally conducts himself or herself in a way that is disruptive to the trip, we reserve the right to send the participant home without refund. Underage use of alcohol and the use of illegal drugs are cause for dismissal. Participants sent home early or who choose to return for any reason, including sickness, personal emergencies or injury, will be responsible for all medical costs and will absorb travel and related costs associated with an unscheduled departure.

CANCELED TRIPS: A full refund will be made for canceled trips that arise out of insufficient registration, though Menlo is not responsible for other costs incurred by the student or family preparing for the trip. For trips canceled due to any other circumstance that is beyond Menlo's control, Menlo will refund all recoupable tuition.

Please contact Peter Brown with any questions at 650.330.2001 ext. 2238 or email pbrown@menloschool.org.

READ THIS DESCRIPTION CAREFULLY BEFORE SIGNING FORMS.